VOLUNTEER SAFELY

Volunteers can safely help their communities by following this guide developed in accordance with the California Department of Public Health's safety guidelines while volunteering.

Do not volunteer if you have experienced symptoms related to COVID-19 such as fever, cough, or shortness of breath. Avoid taking risks to keep us all safe.

Wear a mask or face covering when outside of your home, with limited exceptions.

Practice cleanliness and disinfect volunteer area's surfaces regularly. Wash your hands before, during, and after volunteering. You can use hand sanitizer if soap and water are not readily available.
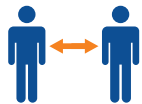
Maintain physical distance of at least 6 ft. between you and others.

Cover your cough and sneezes with a tissue. If tissues are not available cough and sneeze into your elbow. Avoid touching your face during the volunteer project.

Inform yourself of safety precautions and procedures before arriving to your volunteer opportunity. Most importantly, remember to follow the California Department of Public Health's guidelines. Visit www.cdph.ca.gov/COVID19 for more information.

Visit CaliforniansForAll.ca.gov   **#CaliforniansForAll**

CALIFORNIA VOLUNTEERS
Office of the Governor

CALIFORNIANS ALL
COVID-19 OUTREACH

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